

## Appendix B – Feedback from Children and Families about their involvement in SLF

### Quotes from parents/carers

"We had no support before SLF. [Child's name] has been accused of two serious assaults and it was difficult for us in the community and as a family to deal with. SLF were supportive and helped my family through a very difficult time. Now we are able to move on with our lives."

"I've not been in this position before. I would not have been able to make any changes without the worker, we would have just carried on until I couldn't take the pressure anymore, then I don't know what would have happened."

"He helped me reach goals I didn't know I needed to reach. Helped me with new skills, new access to healthy living and exercise and being a better parent."

"Our whole (extended) family have seen an improvement in our family."

"The calendar was a big help, as J always knew what was going on and I didn't, now we both know what is happening, we are more organised and less stressed. We have a new way of dealing with [child's name] behaviour, counting down from 5 and being continuous with how to deal with it."

"Your service has been an incredible help and support to us as a family. I am very grateful to all the parties involved. The relevant help and support finally arrived with your involvement. Prior to that I would not even know what support existed."

### Child

"You are the best family worker ever."

"We made play-doh "worry monsters". I can squish them if I want to or talk to a grown up."